GEMS

Nutrition Facts	
Servings Per Container: Varies Serving Size: 1oz (28g/about 21 pretzels)	
Amount per Serving	
Calories	110
% Daily Value	
Total Fat Og	0%
Saturated Fat Og	0%
<i>Trans</i> Fat 0g	
Cholesterol Omg	0%
Sodium 180mg	8%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars Og	
Includes Og Added Sugars	0%
Protein 3g	
Vitamin D Omcg	0%
Calcium 0mg	0%
Iron 0.4mg	2%
Potassium 40mg	0%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: CHOICE BLENDED WHEAT FLOUR, (CONTAINS ONE OR MORE OF THE FOLLOWING: CORN, CANOLA, COTTONSEED, SUNFLOWER, SOYBEAN OIL), MALT SYRUP, CORN SYRUP, YEAST, SALT AND SODA.

Contains Wheat, Milk*, Sesame*, and Soy*

*This ingredient is not a part of the recipe for this product, but very small trace amounts of this allergen could be present I the product as it is produced on shared equipment that also manufactures product with this allergen.

CONTAINS BIOENGINEERED INGREDIENTS

